

Fivehead & Swell

Community Matters

Published every two months

By Fivehead Parish Council

No 201 February 2021

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INFORMATION Editor Harry Price Published by Fivehead Parish Council Advertising Contact Harry Price Tel 01460 281573 E-Mail: harryprice183@btinternet.com Printed By Parish Magazine Printing Co Items for the next edition of the newsletter should reach the Editor Mr. Harry Price, 7 Ganges Close, Fivehead (01460 281573) By Friday 20th March 2021 for distribution early April Email the editor at harryprice183@btinternet.com © Fivehead Parish Council Cover Photograph Steven Law Smoothpixels.co.uk	INFORMATION Useful contact numbers and other information <hr/> PARISH COUNCIL NEWS Crown Inn Latest update Housing Needs Assessment 2021 Census <hr/> PLAYING FIELD NEWS New fencing for the Play Area <hr/> VILLAGE HALL Latest update and 100 club winners for December & January <hr/> ANCIENT LIME KILNS History of the old lime kilns of Fivehead <hr/> HISTORY OF FIVEHEAD Ella Louch's memories of Butchers Hill <hr/> St. MARTIN'S & St. CATHERINE'S CHURCH NEWS Scott's Prayers for a Pandemic <hr/> CURRY RIVEL PRIMARY SCHOOL Latest news in a difficult year <hr/> THE BAPTIST CHURCH Meet the new Minister and his family <hr/> DIABETES AWARENESS Are you at risk of Type 2 Diabetes? <hr/> HOUSING NEEDS ASSESSMENT Survey of the village needs coming soon <hr/> FOOD AND DRINK Your recipe — a classic French dish <hr/> WHAT'S ON Latest activities and Editor's notes on fire safety	3 4-5 6 7 8 9 11-13 14 15 16 20 21 24
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The views expressed in this newsletter are those of the contributors and not necessarily those of the publisher. Whilst every effort has been taken to ensure the information supplied for inclusion in the newsletter is accurate, responsibility cannot be accepted for any omissions or inaccurate information. We reserve the right to edit any contribution for the purpose of clarity, consistency and layout limitations.

By supplying material for publication in Community Matters, you are giving consent for its publication on the village website at www.fivehead-village.org.uk

Useful Information

EMERGENCY AND HELP SERVICES

Emergency No. (All Services)	999	
Non-Emergency Police No.	101	
Non-Emergency Medical No.	111	
Samaritans	116 123	
Age Concern	0800 00 99 66	www.ageuk.org.uk
Citizens' Advice	03444 889 623	
Somerset Community Connect—local care and services to help you choose the right care and support.		www.somersetcommunityconnect.org.uk

MEDICAL

Langport Surgery	01458 250464	www.langportsurgery.co.uk
North Curry Health Centre	01823 490505	www.northcurryhealthcentre.co.uk
Musgrove Park Hospital	01823 333444	www.tsft.nhs.uk
Yeovil District Hospital	01935 475122	www.yeovilhospital.co.uk

SOMERSET COUNTY COUNCIL

	0300 123 2224	www.somerset.gov.uk
County Councillor - Clare Aparicio-Paul	07879 313117	email: capaul@somerset.gov.uk
Highways and Travel		www.travelsomerset.gov.uk
Rights of Way-Volunteer & Trails Officer	01823 358250	www.roam.somerset.gov.uk/roam/map
Somerset Waste Partnership	01823 625700	www.somersetwaste.gov.uk

SOUTH SOMERSET DISTRICT COUNCIL

	01935 462462	www.southsomerset.gov.uk
District Councillor - Malcolm Cavill	01823 481335	malcolm.cavill@southsomerset.gov.uk

PARISH COUNCIL

Kate Beacham (Chair)	6 Ganges Close	01460 281414
Laura Howard (Vice Chair)	The Old Manse	01460 282911
Ken Male	Tanyard Farm	01460 281233
Nina Cameron	18 Ganges Close	01460 281358
Phillipa Brett	The Old Bakery B&B	01460 281115
Robert (Rob) Wynn	Meldon	01460 281288
Bruce Ferguson Dr.	Poolhayes Swell	01458 250138
Jayne Parsons (Clerk)	White Lias House, Turnhill Rd, High Ham TA10 9DF	07432 275954

E-Mail contact for all matters fiveheadpc@gmail.com

USEFUL CONTACTS

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Harry Price	01460 281573	harryprice183@btinternet.com
Playing Fields — Frank Doggett	01460 281549	
Post Office — Curry Mallet	01823 480236	currymalletstores@gmail.com
Golf Society— Richard Hadfield	01460 281904	email: rkhadfield@btinternet.com
Short Mat Bowls— Heather Gorton	01460 281995	email: h.gorton74@gmail.com

Parish Council

Parish Council News

As expected, Christmas and New Year came and went, resembling nothing like normal. Nevertheless, many managed to enjoy quiet, peaceful times at home with their immediate families and 'bubbles', recharging their batteries after a turbulent year.

Looking back, it's not surprising that lots of plans and projects for the Parish, delayed by the first lockdown in March 2020, are now only starting to get back on the agenda for 2021.

Work on the Glendale site on Butchers Hill started much later in the year than planned and the old house has now been demolished. Prior to this, 'skip-fulls' of house contents and history were removed, ending one chapter of life and making way for another. Further updates will be posted on the village website as development of the owner's new house gets underway.

At the Council's February meeting, several new planning applications were discussed as other developers start to move forward with plans, so do read the minutes and the website for updates on those too.

The Parish Council's Housing Needs Assessment is being finalised and will soon be issued for parishioners to give their views on what they want, and do not want, which will help steer the Council when assessing and commenting on future applications from developers. It will primarily be an online survey, undertaken by a qualified volunteer, which greatly helps to keep costs down; those without internet access will be able to complete a paper copy.

Many of you shared your views about the Change of Use application for Fivehead's pub, The Crown Inn. The decision from SSDC is still pending, whilst the Community group 'Save our Crown' races against time to set up as a Community Benefit Society to fund the purchase and run the pub as a democratic community business, with help from local volunteers and membership shareholders. The Asset of Community value registration secured by the Parish Council buys them limited time, to submit a bid by 17 May 2021. For further details on how you can get involved, please see **Save our Crown** on the website.

Internet signal quality is currently a hot topic, with the Council working on two projects behind the scenes. Following the successful launch of Fivehead's mobile Post Office in October, hosted by The Stable, Councillors are looking into options for improving signal strength to help with counter transactions. The PO remains open during lockdown, on Thursdays, 1.15pm – 3.15pm, and you can also pick up a take-away coffee at the same time!

Over in Swell, the Council is liaising with our District and County Councils, as well as telecoms providers, to try and help get the remaining households in the village back on the list for highspeed broadband connection, after the termination of Gigaclear's contract. Infrastructure projects carry high costs so the Council is looking into funding via the BDUK voucher scheme and hopes that existing pipework and junction boxes can be utilised to keep costs within the scheme allowance.

The Budget and Precept for 2021-2022 was discussed at special meetings on 21 Dec 2020 and 18 Jan 2021, taking into account the requirement for maintenance work to the churchyard and its perimeter walls, and the need to support our charities and volunteers providing local amenities, such as the village hall and playing field, through these difficult times. A 3% increase on the Precept (equivalent to £1.74 pa increase on Band D charge) was agreed, with other costs covered from Reserves or grants.

Winter weather always presents challenges and the Council has reported a number of issues for Highways to investigate, thanks to parishioners getting in touch. Unfortunately, this coincides with the year end, so funds are limited. Ongoing issues with blocked drains on Butchers Hill are being closely monitored and hopefully will be on the list for early attention in the new financial year. Water on the road on Cemetery Hill has also been reported, as well as remedial work to the road surface on Iberry Lane. A recent incident reported on the Lane, where a vehicle went into a ditch, was quickly cleared up by the landowner, avoiding potential danger to more motorists. Please do report any concerns to the Clerk to help keep our community safe.

Parish Council (cont) other news

census
2021

Households across Somerset will soon be asked to take part in a once-in-a-decade survey that gives the most accurate estimate of all the people and households in England and Wales. It has been carried out every decade since 1801, with the exception of 1941. It will be the first run predominantly online, with households receiving a letter with a unique access code, allowing them to complete the questionnaire on their computers, phones or tablets.

“A successful census will ensure everyone from local government to charities can put services and funding in the places where they are most needed,” Iain Bell, deputy national statistician at the Office for National Statistics, said. “This could mean things like doctors’ surgeries, schools and new transport routes. That’s why it is so important everyone takes part and we have made it easier for people to do so online on any device, with help and paper questionnaires for those that need them.”

Census day will be on 21 March, but households across the country will receive letters inviting them to take part from early March.

The census will include questions about your sex, age, work, health, education, household size and ethnicity. And, for the first time, there will be a question asking people whether they have served in the armed forces, as well as voluntary questions for those aged 16 and over on sexual orientation and gender identity. Results will be available within 12 months, although personal records will be locked away for 100 years, kept safe for future generations. For more information, visit census.co.uk

Diabetes Prevention

In Somerset, we have a nationally commissioned diabetes prevention service for people who are at high risk of developing type 2 diabetes. Usually identified by your health practitioner, you will be referred to a 9-month behaviour change programme, but due to the pandemic, there has been a fall referrals. To help this, a self-referral option has been set up, via **Diabetes UK**, with a check list of questions that can help determine a person’s risk factors - more information about the programme can be found at:



<https://preventing-diabetes.co.uk/somerset>

Free webinar by Trading Standards Farming Partnership

To help farming communities through these trying times, a free webinar is being organised on Tuesday 23 Feb 2021 at 6pm. To register and find out more, please go to www.mhwinfarming2.eventbrite.co.uk

Reminder to poultry owners

Restrictions are still in place which require owners to keep all poultry and other captive birds under cover to prevent contamination from wild birds. For full guidance, please visit <https://www.gov.uk/guidance/avian-influenza-bird-flu>

Dates for the next meetings of the Parish Council held online are:

- Monday 1 March 2021 at 7.30pm Monday 12 April 2021 at 7.30pm

Please contact the Clerk for Zoom details. All welcome.

Keeping in touch

Remember that you can keep in touch with the latest news on <https://fivehead-village.org.uk> or sign up to the Village email group by sending a request to the Clerk, or filling in the form on the home page (bottom left). Regular social news is also posted on the Fivehead Facebook page and Nextdoor.

Fivehead Playing Field News

Future basketball star?

Have you noticed a lone young man practicing basketball in the multi-use games area? He is 14 year old Sean Raithby from Ganges Close,; he is in year 10 at Huish Episcopi school and is already making a name for himself playing for Taunton Tigers and in trials for the Southwest of England team! We wish Sean good luck for his future in the sport.

Children's play area fence

Our thanks go to Fivehead Parish Council for their generous grant, and to South Somerset District Council's Community Grant scheme for their contribution which will enable us, with a top-up from our own resources, to replace the children's play area fencing making it safe and secure for all to use.

Safety advice

Parents and guardians must keep a close watch on children in their care whilst using the play area, in line with the government's present safety guidelines - keeping family groups separate and sanitising hands regularly to prevent the spread of infection.

Football postponed

For obvious reasons there is no football at the moment, which is a pity in view of Fivehead Rovers recent successes - including a couple of matches where they scored eight goals! Sadly it is unlikely that fixtures will resume any time soon.

Frank Doggett,

Chairperson F.P.F.M.C.

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01458 272297 or Langport 01458 250509



Village Hall Management Committee

The View from the Village Hall

As one can imagine the Village Hall has been quiet for the last three months although we had a brief respite just before Christmas, which means we have had little or no income coming in. We do still have significant outgoing in the way of cleaning, utility bills and our loan from the Charity bank to pay. We are grateful that the Parish Council has agreed to pay our hall insurance costs for six months from April.



We did offer the use of the Hall to the NHS as a vaccination centre, but this has not been taken up.

Our main source of income at the moment has been the 100 club and we would wish to thank the 100+ people who have bought tickets for this year's draw. Much praise must go to Paul Narey for his efforts in organising and collecting entrance fees. Winners of December's and January's draw are listed below.

There have been several changes to the management committee over the past few months, Dave Cunningham has replaced Margaret Knox as secretary, whilst Ellen Balmer has left the committee after many years' service as a trustee representing St Martin's Church. We are always looking for new talent to join the committee so if you could spare a few hours a month we would be delighted to hear from you.

Chairperson: Kevin Stevens 07794226149

Treasurer & Booking Clerk: Richard Hadfield 01460 281904

Secretary: Dave Cunningham 01460 281651

100 Club Winners

December 2020			January 2021		
No. 53	M. Cavill	£100	No. 52	L. Benton	£50
No. 74	M. Way	£25	No. 60	R. Lawrynowicz	£25
No. 92	J&S. Morling	£15	No. 63	G. Smith	£15
No. 64	D. Powell	£10	No. 42	J&M Crossland	£10

News from the shop

Hi all, hope everyone had a good Christmas,
I am pleased to report I am now stocking "**The Sausage Shed**" products.
Award winning sausages, bacon, pork steaks, gammon steaks etc.
Check out their website for a full range of products.
Valentine's day and Mothering Sunday cards and gifts also available at the shop.

Best wishes **Sue and Chris**

Fivehead History

Lime Kiln(s) in Fivehead

I was recently alerted to the fact there may be an historic lime kiln in Fivehead that I hadn't heard about before; with my love of history, I was on it in a flash and to my delight, it's true!

South West Heritage Trust confirms there is a record stating, 'Earthwork remains of a limekiln with lynchet-type feature, West of Angel Row, Fivehead'. It is in fact located in the northwest corner of the field on Ganges Hill and is recorded on maps dating back to 1887 but it is likely to be earlier than this.

Imagine my delight when I also discovered we have 8 other records of lime kilns in Fivehead Parish, mainly centred around Butchers Hill and Stowey. Lime was needed to make mortar for building and for agricultural purposes, so being near a quarry and agricultural landscape was handy.

Early kilns were usually an egg-cup shaped burning chamber, with an air inlet at the base (the "eye"), constructed of brick. Limestone was crushed (often by hand) and successive dome-shaped layers of limestone and wood or coal were built up in the kiln on grate bars across the eye. When loading was complete, the kiln was kindled at the bottom, and the fire gradually spread upwards through the charge. When burnt through, the lime was cooled and raked out through the base.

To be effective, kilns always made 25–30 tonnes of lime in a batch. Typically, the kiln took a day to load, three days to fire, two days to cool and a day to unload, so a one-week turnaround was normal. The degree of burning was controlled by trial and error from batch to batch by varying the amount of fuel used.

Sets of seven kilns were common. A loading gang and an unloading gang would work the kilns in rotation through the week and a rarely used kiln was known as a "lazy kiln".

The kiln on Ganges Hill was described with 'a lynchet feature'. A lynchet or linchet is an earth terrace found on the side of a hill. Lynchets appear predominantly in Southern Britain and many are in areas close to Iron Age forts and other earthworks, including later Roman earthworks and earlier barrows from the Neolithic and Bronze Age periods. I'm also delighted to report Fivehead has several records of Roman earthworks, also centred around Butchers Hill.

This Village just gets better and better!

Pip Brett (Easily pleased historian)



Save Our Crown Update

A massive thank you to all Fivehead, Swell and surrounding village residents for their sterling efforts in supporting our initiative to save the Crown Inn and acquire it as a Community asset for all of us.

With your incredible support, over £100,000 has been pledged to purchase shares and over £20,000 has been offered as loans. This means we are well on our way to achieving our fund-raising target of £150,000. This will allow us, with the help of The Plunkett Foundation, to leverage the few grant monies which are directed towards saving rural pubs. Special thanks are due to several local people who have pledged in excess of £20,000. You know who you are!!

May we appeal once more for a final “push” for pledges to get nearer our target. You can do this by visiting our website www.fivehead-village.org.uk. Many thanks in anticipation.

Moving forward, we need to formally constitute ourselves as a Community Benefit Society (CBS), start applying for grants and complete a business plan and communicate with you all.

Dave Cunningham Save Our Crown Community Group

Fivehead History

From the Jottings of Ella Louch Butchers Hill

Ella was born at Bridge Cottage 7th September 1921 which is opposite the Village Pound, and also at the time, the Horse Pond. Bridge Cottage was formerly known as **Meades** until after the 1914-1918 war.

At the top of the hill was **Red Post House** formerly a coaching station for changing horses of the coaches carrying the mail. It later became a boys boarding school during the war years.

Next down the hill a row of five cottages owned by a gentleman named **Angel Priddy** (Priddy & son) and became known as **Angel Row**.

In the fields adjoining were lime kilns accessed by **Kiln Lane**.

Proceeding down the hill past lovely apple orchards there was a lovely, thatched house. During the 1914-18 war a family of Belgium refugees lived there and during a party an oil lamp was knocked over and the house was burnt out, never to be rebuilt.

The apple orchards were beautiful in those days, blossom in spring, and now the housing estate appropriately named **Orchard Rise**

Next to the orchards was a Butchers shop owned by **Phil Meade**, (maybe he lived in Bridge Cottage) hence the name of the hill.

Ella left school at the first opportunity as she was needed at home, a month after her 14th Birthday. Her first job was picking up cider apples at the Bakery Orchard for which she received 3d (2 1/2p) per hundredweight. The grass was long and wet and she had to use her feet to find them.

Next Time

Ella's school-time memories

THE BRISTOL HIPPODROME 100 YEARS



We Will Rock You at Bristol Hippodrome

If you were hoping to come with me to see We Will Rock You back in March. This show was of course cancelled and rescheduled to February 2021. I have just been notified that it has been moved again and our trip is now booked in for Wednesday 9th June 2021. Your booking has been reserved, but of course you are not committed to going until my payment date, which I will try to get fixed for a date in early April.

The theatre has stuck to the same ticket price, but I suspect the coach hire charge may increase after all these months of inactivity. I will keep any increase as low as possible.

Other trips are still hoped for through 2021 and into 2022. The present situation is attached.

Date	Show	Seating	Time*	Price
Postponed to ?	Kiss Me Kate	Stalls Band A	17:15	£48
Tue 23 Feb	Bourne's Nutcracker	Stalls/Circle	17:15	£41/£51
Wed 31 Mar 21	Il Trovatore	Stalls/Circle	17:00	£46/£56
Tue 18 May 21	Les Miserables	Stalls/Circle	17:15	£62/£70
Wed 9 Jun 21	We Will Rock You (2nd new date)	Stalls	17:15	£45/£58
Tue 20 Jul 21	School of Rock	Stalls	17:15	£52/£62
Tue 23 Nov 21	The Commitments (new date)	Stalls	17:15	£50
Tue 10 May 22	Strictly Ballroom (new date)	Stalls/Circle	17:15	£36/£51
Mon 20 Jun 22	Mamma Mia (new date)	Stalls	17:15	£49/£61

Time* is departure from Curry Rivel. Other pick-ups: Langport + 5 min

Somerton + 20 min; Keinton + 30 min; Shepton + 50 min

OR Street + 35 min, Wells + 55 min

For more details or
Booking

E-mail

coxtheatretrips@btinternet.com

or visit the website

www.theatretrips.webeden.co.uk

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UNITED BENEFICE OF CURRY RIVEL, FIVEHEAD AND SWELL

St Martin's Fivehead



Churchwardens

Ellen Balmer Tel: 01460 281578
Trish Allen Tel: 01460 281674

Rector:
Revd. Scott Patterson
Tel: 01458 251375

St Catherine's Swell



Churchwarden

Anna Rees Tel: 01458 253067

Scott's Spot – February/March 2021

Poems and Prayers for People facing a Pandemic

A Prayer for 'Corona-tide' by Revd. Ben Lines

May the Christ who spoke boldly and calmed the seas,

Grant us unending peace as we pray on our knees.

May the Father who welcomes the prodigal home,

Embrace us and be present so we don't feel alone.

May the Spirit that grants us great courage and power,

Cast out fear and anxiety in this darkest hour.

May the unity of God, the great three in one,

Lead our communities in love, even when this is done.

May the stillness of knowing the great I am,

Give us security and hope that He has a plan.

May the resurrected Christ, whom death could not hold,

Grant us knowledge and hope that death doesn't control.

May the creator God, who formed all that's around,

Reveal glory and goodness so we don't feel drowned.

May God's grace that was revealed through Christ on the cross,

Lead us on the narrow way so we don't get lost.

Poems and Prayers for People facing a Pandemic

“Not Everything is Cancelled” from the ‘MercyHealth’ website

*Not everything is cancelled...
Sun is not cancelled
Spring is not cancelled
Relationships are not cancelled
Love is not cancelled
Reading is not cancelled
Devotion is not cancelled
Music is not cancelled
Imagination is not cancelled
Kindness is not cancelled
Conversations are not cancelled
Hope is not cancelled
And God’s love for His people is never cancelled.*

Prayer During a Pandemic

*Loving God, Holy One,
Your desire is for our wholeness and well-being.
We hold in tenderness and prayer the collective suffering of our world at this time.
We grieve precious lives lost and vulnerable lives threatened.
We ache for ourselves and our neighbours, standing before an uncertain future.
We pray: may love not fear, go viral.
Inspire our leaders to discern and choose wisely, aligned with the common good.
Help us to practice social distancing
and reveal to us new and creative ways to come together in spirit and in solidarity.
Call us to profound trust in Your Faithful presence,
You, the God who does not abandon,
You, the Holy One, breathing within us, breathing among us,
breathing around us in our beautiful yet wounded world.*

(The Sisters of IHM, Scranton)

Fivehead Gardening Club

Like any beautiful garden, groups and societies need nurturing with tender loving care to thrive, but sadly the Fivehead Gardening Club has gone to weeds! I’m sorry to report that the Club has closed, but happy to report our remaining funds have been put to good use.

The members decided to donate £200 to the Somerset Wildlife Trust Christmas Challenge. This year the funds went to the ‘Wetland Wonderland’ to enhance Westhay Moor’s habitats for birds such as bearded reedling and a range of other wildlife. The scheme is also providing funds for structural enhancements to welcome everyone, regardless of their physical ability, to be able to experience this special place. The £13,000 target was met, which triggered match funding to £26,000.

A big thank you to all our members for their generosity and if anyone fancies getting their hands dirty and re-starting the Club when restrictions allow, please do get in touch.

Pip Brett

The United Benefice of Curry Rivel, Fivehead & Swell

A note from the Rector: The services listed here are dependant on the current local and national Covid situation, and are therefore liable to change or cancellation at short notice.

When unable to meet for live worship, our Benefice church families are instead holding services via Zoom. To receive invitations and links to our Zoom services, and other news and information, please contact Rev'd Scott Patterson via email at scottr.patterson@btinternet.com, by phone 01458 251375 You'd be most welcome.

February Planned Services

Thursday 4th.	10.00am (BCP) Communion in St. Andrew's Church	Curry Rivel
Sunday 7th.	10.00am All Age Family Service followed immediately by 10.45am said Communion Service	Fivehead Fivehead
Sunday 14th.	6.00pm Evening Prayer (CW) 9.30am Prayer Book (BCP) Communion Service 11.00am Parish Communion (CW)	Curry Rivel Swell Curry Rivel
Wednesday 17th.	7.30pm Ash Wednesday Communion as Lent begins	Curry Rivel
Thursday 18th.	10.00am (BCP) Communion in St Andrew's Church	Curry Rivel
Sunday 21st.	9.30am Morning Prayer (CW) 11.00am All Age Family Service, followed immediately by 11.45am said Communion Service	Fivehead Curry Rivel Curry Rivel
Sunday 28th.	9.30am Parish Communion (CW) 11.00am Morning Worship	Fivehead Curry Rivel

March Planned Services

Thursday 4th.	10.00am (BCP) Communion in St Andrew's Church	Curry Rivel
Sunday 7th.	10.00am All Age Family service followed immediately by 10.45am said Communion Service 6.00pm Evening Worship	Fivehead Fivehead Curry Rivel
Sunday 14th.	Mothers' Sunday 9.30am Prayer Book (BCP) Communion Service 11.00am All Age Mothers' Sunday Service 4.00pm All Age Mothers' Sunday Service	Swell Curry Rivel Fivehead
Thursday 18th.	10.00am (BCP) Communion Service in St Andre's Church	Curry Rivel
Sunday 21st.	9.30am Morning Worship 11.00am All Age Family Service, followed immediately by 11.45am said Communion	Fivehead Curry Rivel Curry Rivel
Sunday 28th.	Palm Sunday 10.00am United Benefice All Age Communion	Curry Rivel

BCP = Book of Common Prayer, CW = Common Worship, UB = United Benefice

CURRY RIVEL CHURCH OF ENGLAND



PRIMARY SCHOOL UPDATE

'Caring, Curious & Confident'

Hello everyone

I am fully aware that the start of this year has been complex and stressful, the pandemic continues to disrupt and demoralise, not respecting the new year, new start, the 'happy' new year that so many had hoped for. Across all sectors, for many already drained of energy and resilience, this is compounded at organisational and individual levels by short notice expectations, a significant lack of clear information and very little effective guidance. That said, there is much more hope in 2021. There are vaccines, there is prior experience to draw upon, to adapt as together we face and overcome new challenges, there is light at the end of the tunnel. So we start this year understanding it is not at all easy. Whilst it feels 'life' is locked down, not everything is cancelled; Hazel Britton recently shared this poem on Facebook:

Not everything is cancelled...

Sunshine is not cancelled

Love is not cancelled

Relationships are not cancelled

Reading is not cancelled

Naps are not cancelled

Going for a walk is not cancelled

Kindness is not cancelled

Imagination is not cancelled

Conversation is not cancelled

HOPE is not cancelled

Working in Curry Rivel Church of England Primary school certainly gives me hope; the teaching and support staff are working hard to support up to 40% of pupils in school each day as well as supporting home learning on 'Google Classroom'. The community have been so kind in generously providing laptops and devices. Our families have been so supportive and understanding as we try to meet their children's needs. School improvement is not at a standstill: we have exciting plans for a new Daily Mile track (Curry Rivel Parish Council are supporting us with a grant application) and we are also improving the premises and learning environment with decorating, new furniture, landscaping and new IT equipment. We are definitely not 'closed', and we are here serving this amazing community.

Head Teacher Ali Pook



Baptist Church

www.fiveheadbaptist.co.uk



The new minister: Rev. Matthew Cottington.

It's great to be able to say "Hello" to you all now that we've settled into our new home in Fivehead. During the course of last year we were introduced to your delightful village and the wonderful folk at Fivehead Baptist Church. As a family we are so pleased to begin this new chapter with you all. We look forward to getting to know everyone better over the coming months and years, as well as enjoying this lovely part of the world.

Letter from The Manse



As the newcomers, perhaps it would be helpful if we told you a bit about ourselves. Sarah and I have been married for 18 years and are both originally from East Sussex. Sarah grew up in a village called Waldron in a house on the edge of farmland. I grew up in Eastbourne and enjoyed spending the summer months on my grandparents' farm in Chiddingly. We now have six children of our own whose ages range from 2 to 17 years old. Needless to say, it's a busy household and lots of fun! We moved to the South West in 2006, living in Minehead for 15 years before our move here to Fivehead.

I have been working with churches for nearly 20 years and enjoy the privilege of helping others in the community and sharing the hope and encouragement that the message of Jesus brings. Throughout the various experiences in life I have found the wisdom of the Christian message to be a continual inspiration and a real catalyst for doing good in the world. I believe it can help us all and that it reminds us of the most important things in life... and beyond!

We look forward to sharing more with you all, and learning many things from yourselves. Life is a journey and we can all help each other along the way. That might sound a bit cheesy, I know, but it's true.

We include a photo of ourselves to help you recognise us if you see us out and about.

As ever during these times, please check the church website to see what's on at Fivehead Baptist Church and how to access anything that's online. The Stable is currently open only on Thursday afternoons for the mobile Post Office (1:15pm – 3:15pm) with takeaways available from the cafe from 1:00pm – 4:00pm. If the current restrictions are lifted over the coming months please check the church website for changes to opening times.

I leave you with a quote from the Bible, reminding us to be thankful for the many good things God gives us and telling us that we can depend on his faithfulness in these unusual times:

"Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows." (James 1:17)Rev.

Matt Cottington.

www.fiveheadbaptist.co.uk

Type 2 diabetes

You could be more at risk than you think

Anyone can develop Type 2 diabetes, but certain factors can increase your risk:

- The older you are, the greater your risk is likely to be.
- You're two to six times more at risk if you have a parent, child, brother or sister with Type 2 diabetes.
- You're more likely to get Type 2 diabetes if you're over 25 and from a Chinese, South Asian, African-Caribbean or Black-African ethnic background.
- You are more at risk of type 2 diabetes if you carry excess weight, have obesity or if you've ever had high blood pressure.

There are also other factors associated with an increased risk:

- You're more at risk if you've ever had a heart attack or stroke, if you've ever had schizophrenia, bipolar disorder or depression,
- You're more at risk if you are a woman who has had polycystic ovarian syndrome, gestational diabetes, or given birth to a baby weighing over 10 pounds

You can't change some of these risk factors. But others you can.

If you are at high risk of developing Type 2 diabetes, you may be eligible for your free local NHS Healthier You service.

This will help you put your health back in your hands by supporting you to lose weight (where appropriate), get more physically active and eating healthy food. Taking action now is really important as it can reduce your risk of developing Type 2 diabetes.

Finding out your risk only takes a few minutes using the Diabetes UK risk tool. It could be the most important thing you do today.



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For more information please just come along or call Debs on 07799 423 884

www.fiveheadbaptist.co.uk

We acknowledge

The source of information of the article on page 8

Map

Crown Ordnance Survey

&

Parish on Line

Article

Wikipedia, Somerset History environment Records



VINE WINE

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Fivehead Bell Ringers

Lets hope we do not have
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sound of our

Church Bells

Again calling the faithful to
prayer and cheering up
the Village

Have you any
favourite recipes that
you would like to
share.

If you do please send
them to the

Editor

harryprice183@btinternet.com



A warm welcome awaits you in **The Stable
Community Café** at the bottom of Butchers Hill.

Local volunteers serve excellent Fair Trade fresh
coffee of all kinds, teas, hot chocolate and a variety
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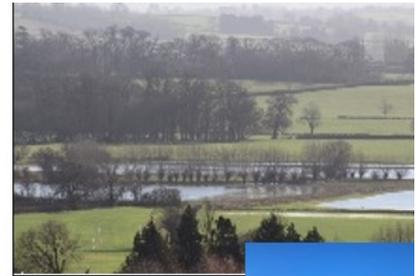
Friday 10.00am to 5.00pm

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Fivehead & Swell

Housing Needs Assessment Survey Coming soon

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The survey includes information on:

- What is affordable housing?
- Our current housing stock
- The age, health, and mobility of our community
- Facts about defibrillators



Crown Fivehead Golf Society

As with every organisation our activities are non existent and although we do not start the season until March we usually have our AGM in January and start planning and booking our away weekends and monthly outings. Currently we do not know when we will be back on the course but with the age profile and Boris's promise that all over 70's will have their first jab by mid-February we should all be inoculated and raring to go.

We are hoping to be able to have our **Charity Golf Day** in June and this will be at **Long Sutton Golf Club**. Lets hope this year will soon start to take on some normality although what will be normal from now on is something no one can forecast.

Harry Price Chairman

Fivehead Drama Group

Unfortunately Covid lockdown has scuppered any hopes of an Easter **Pantomime** this year and any **Summer Revue** would most likely be late summer.

We hope all our members are keeping safe and well and looking forward to happier times when we can resume our activities and provide entertainment and enjoyment for the Village once more.

Our contact details are on page 3 of the magazine. Let us hope it will not be too long before **we'll meet again, don't know where, don't know when, but I know we'll meet again some sunny day.**

Stay safe and well everybody.

Food & Drink

Coq au Vin de Bourgogne

Ingredients

125g (4oz) Streaky bacon, derinded & chopped	1 bottle of Burgundy wine
50g (2oz) Butter	3 cloves of garlic crushed
1x 1.75 kg (4lb) Chicken skinned & cut into 6 portions	1 bouquet garni 1 Bay leaf
12 Shallots	Salt & Pepper
6-8 Tablespoons Brandy (optional)	128g (4oz) Button mushrooms
	2 Tablespoons Plain Flour

Method

Lightly fry the bacon in its own fat in a flameproof casserole, until golden brown; remove from the pan. Melt half the butter in the pan, add the chicken and fry until browned all over.

Drain off excess fat. Add the shallots and saute for 2-3 minutes.

Remove from the heat. Pour in the brandy, if using, ignite and leave until the flames die down. Add the wine, garlic, bouquet garni, bay leaf and salt & pepper to taste.

Bring to the boil. Cover and simmer for 1 hour. Add the mushrooms and cook for a further 15 minutes. Blend the remaining butter with the flour to make a beurre manie.

Remove the bouquet garni and bay leaf from the casserole. Stir in sufficient beurre manie to thicken the sauce. Serve immediately.

Serves 6

Wine Pairing for this month's recipe. Wine selection by Paddy Magill Vine Wine
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Both of these wines would go perfectly with this dish, or drunk just by themselves

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DIARY OF EVENTS

Day/Date/Time		Description	Where
Friday 20th. March		NEWSLETTER DEADLINE	
Tuesday 16th. February		Pancake Day	All over
Sunday 14th. March		Mothering Sunday	All over
Usually 1st. Monday 7.30 pm	Monthly	Parish Council Meeting	Village Hall/ Zoom

Editor's Note *Hot News*

Most of you will, by means of social media and local press, have heard of the incident in Ganges Close in the early afternoon of Tuesday 19th January. Yes the fire in the kitchen was at **7 Ganges Close**, having set my evening meal, a tasty lamb stew, simmering on the hob I retired to the office to prepare the next issue of the Magazine. After sometime I became aware of a smell of burning and found the hall full of smoke and in the kitchen, also full of smoke, a goodly blaze going on the edge of the hob, around the deep fat fryer (not in use but standing on the hob). I must have activated the hotplate under the fryer which had subsequently caught light. I went to the door and picked up the hose from the garden and directed a jet to douse the flames (not recommended by the firemen) Meanwhile my new neighbours seeing smoke issuing from the roof came across and called the Fire Brigade.

The big red fire engine arrived with Blue Watch, they ventilated the property, checked the fire was out and removed the 2 kitchen wall cupboards which were smouldering at the back and I was allowed back in.

I had to confess that I did not have a smoke alarm and after rapped knuckles the Brigade fitted one in the hall. They isolated the hob until it had been checked by an electrician. My insurance company duly sent an electrician the following morning and he certified there was no damage to the wiring and the hob was reconnected and available for use. The stew was saved and was excellent on Wednesday evening.

Lessons learnt, never leave anything on the hob that is not in use, ie. Don't use it as a worktop, make sure you have a smoke alarm and it is functioning and make sure your insurance company is a reputable company (I am with Churchill)

There is one odd plus from this experience you can see the cobwebs because they are BLACK !

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