Community Matters Published every two months By Fivehead Parish Council No 191 June 2019 m (jm) IN THIS ISSUE Village Fete Page 6 Cream Tea at The Langford Page 7 Summer Revue Page 14 Chariot's Tale Page 20 Plus all the regular features.

Useful Information

EMERGENCY AND HELP SERVICES		
Emergency No. (All Services)	999	
Non-Emergency Police No.	101	
Non-Emergency Medical No.	111	
Samaritans	116 123	
Age Concern	0800 00 99 66	www.ageuk.org.uk
Citizens' Advice	03444 889 623	
Somerset Choices—local care and services to help you choose the right care and support.	If you would like someone to help you use Somerset Choices, please contact Somerset You Can Do on 01278 664180	www.somersetchoices.org.uk email: help@somersetchoices.org.uk
MEDICAL		
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North Curry Health Centre	01823 490505	www.northcurryhealthcentre.co.uk
Musgrove Park Hospital	01823 333444	www.tsft.nhs.uk
Yeovil District Hospital	01935 475122	www.yeovilhospital.co.uk
SOMERSET COUNTY COUNCIL	0300 123 2224	www.somerset.gov.uk
County Councilor - Clare Aparicio-Paul	07879 313117	email: capaul@somerset.gov.uk
Highways and Travel		www.travelsomerset.gov.uk
Rights of Way-Volunteer & Trails Officer	01823 358250	www.roam.somerset.gov.uk/roam/map
Somerset Waste Partnership	01823 625700	www.somersetwaste.gov.uk/
SOUTH SOMERSET DISTRICT COUNCIL	01935 462462	www.southsomerset.gov.uk
District Councillor - Malcolm Cavill	01823 481335	Malcolm.cavill@southsomerset.gov.uk
PARISH COUNCIL		
Kate Beacham (Chair)	6 Ganges Close	01460 281414
Laura Howard (Vice Chair)	The Old Manse	01460 282911
Ken Male	Tanyard Farm	01460 281233
Nina Cameron	18 Ganges Close	01460 281358
Phillipa Brett	The Old Bakery B&B	01460 281115
Jack Westworth	The Conifers, Isle Abbotts	01460 281071
Robert (Rob) Wynn	Meldon	01460 281288
Jill Wardle (Clerk)	Spindlewood	01460 281902
E-Mail contact for all matters		fiveheadpc@gmail.com
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Harry Price	01460 281573	harryprice183@btinternet.com
Playing Fields — Frank Doggett	01460 281549	
Post Office — Curry Mallett	01823 480236	currymalletstores@gmail.com
Golf Society— Richard Hadfield	01460 281904	email: rkhadfield@btinternet.com
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INDEX TO CONTENTS

INFORMATION

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Email the editor at harryprice183@btinternet.com

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INFORMATION Useful contact numbers and other information	2
PARISH COUNCIL NEWS District Councillor retires Keeping the Village tidy	4-5
THE VIEW FROM THE VILLAGE HALL Cream Tea at The Langford Village Fete Saturday July 13th	7
PLAYING FIELD NEWS New marquee purchased	9
FIVEHEAD FELLOWSHIP & LEISURE CLUB July Making Guitars & playing them	10
SOCIAL EVENTS Theatre Trips Charity Coach Trips Bookings up to March 2020	11
St. MARTIN'S & St. CATHERINE'S CHURCH NEWS Scott's spot	12
LOCAL GROUP NEWS Drama Group Summer Revue Friday 5th. July	14
BAPTIST CHURCH NEWS View from the Manse and the Stable	15
NEWS FROM THE CROWN INN Folk Music nights continue	16
A CHARIOT'S TALE Tidying the Village	20
FOOD AND DRINK A delicious salmon recipe	21
WHAT'S ON Village Diary;	24

The views expressed in this newsletter are those of the contributors and not necessarily those of the publisher. Whilst every effort has been taken to ensure the information supplied for inclusion in the newsletter is accurate, responsibility cannot be accepted for any omissions or inaccurate information. We reserve the right to edit any contribution for the purpose of clarity, consistency and layout limitations.

By supplying material for publication in Community Matters, you are giving consent for its publication on the village website at www.fivehead-village.org.uk

Parish Council

Parish Council News

Your 'new' Parish Council is now in place and it is remarkably similar to the previous one with the same seven councillors. Many Parish Councils have struggled to get a 'full house' of Members so we are lucky to have everyone on board again. You can find their details and all the latest news from meetings on the village website http://fivehead-village.org.uk/. Don't forget that you can sign-up to the village email list too for the latest news; all correspondence comes BCC (Blind Carbon Copy) and personal details remain private. You can also sign-up on the website to the website notification system so that you receive an email every time a new article is placed on the site.

In an attempt to minimise the problems caused by wide loads moving through the centre of the village, we have arranged that Gillards Transport will notify the Clerk when large vehicles are expected. This will give us the opportunity to publicise the fact so cars can be parked accordingly to reduce the likelihood of blockages. The loads are subject to movement orders and restrictions from Police/Council, so they can't say specifically when they will come through, just the weeks they are due. The Clerk will publish details on village website and Facebook page, and notify the Stable café.

It is expected that the Glendale sale will go through soon. The sellers have proposed that, when Glendale changes hands, the new plan will not include the Pound and a separate application is submitted to register the Pound as being owned by the Parish Council. The current developers wish to donate £5k to the Council as a contribution to costs for Registration of the Pound and restoration works. Members were pleased to accept this offer.



There's been lots going on to improve how our village looks. Laura Howard has done a great job in organising the turfing and replanting of Langford Corner. We hope that you like the new layout and planting.

The bus shelter and telephone box have been cleaned by Members and other volunteers. We are also considering how the telephone box can be repaired. There have been suggestions from parishioners about converting it into a book exchange an idea that is gaining popularity across the country.

Viv Fouracre has kindly volunteered to be our Fivehead Litter Champion. She (accompanied by her trusty chariot shown on the left) and our other volunteers have been doing a great job clearing the litter from our lanes and ditches.

Members recorded thanks to Eileen Arundell who has retired as a volunteer checking for overgrown vegetation and other problems on path L11/2 (from the bottom of Cemetery Hill round to the Isle Abbots road). We are looking for a new volunteer for this important path – if you are interested, please contact the Clerk who can put you in touch with our Parish Paths Liaison Officer Jacquie Mahoney.



The Annual Parish Meeting held in April heard reports from all the village organisations and groups.

We were also pleased to have the opportunity to formally thank the retiring District Councillor Sue Steele seen here on the left receiving a gift from Kate Beacham Chair of the Council. Sue has attended Parish Council meetings over many years and provided a strong interface between the Parish and District Councils.

She has been replaced by Malcolm Cavill, formerly of Fivehead, who we know well as he was Kate's predecessor on the Parish Council.

Parish Council (cont)

Did you know?

Summer opening hours at our closest recycling centres are:

Taunton Recycling Centre	Mon-Fri	0900-1800	Sat-Sun	0900-1600
Chard Recycling Centre	Mon, Tues, Thurs, Fri	0900-1800	Sat-Sun	0900-1600
Somerton Recycling Centre	Wed-Fri	0900-1800	Sat-Sun	0900-1600

As part of Somerset's action on plastic, all recycling sites now accept some plastics:

- Plastic pots for yoghurt, soup, face cream, hair gel.
- Plastic tubs for margarine, ice cream, laundry tabs.
- Plastic trays (including black plastic) for meat, ready meals, and plastic punnets for fruit, mushrooms. **Before recycling items**:
- Remove and recycle where possible or dispose of all foil, film covers, absorbent pads and card.
- Give plastic food packaging a quick rinse using left-over washing up water taking special care with trays that have contained raw poultry. Then wash your hands. Leftover food can be unhygienic and may contaminate the recycling stream.
- Please nest, squash or flatten items (where appropriate) to save space in the recycling skip and do not include items from the not accepted list.

Ensure you exclude:

- Thin plastic, such as cling film, bubble wrap, carrier bags, film covers, bread bags, multipack wraps.
- Expanded polystyrene i.e. packaging inserts.
- Plastic paint or plant pots and seed trays.
- Other plastics, such as toys, garden furniture, car parts, or CDs, DVDs, VHS tapes and cases.

Advice from the Royal Mail and Trading Standards www.devonsomersettradingstandards.gov.uk/:

Beware of rogue garden services With plants starting to grow at this time of year, you may be targeted by rogue traders offering to do work in your garden. They may say they are working for the council or other authority and try to trick you into having unnecessary work done, for example by claiming you need to have trees cut down because they are an obstruction. Whatever work they do, they may overcharge for a poor-quality or incomplete job or take the money up front and vanish without doing any work. **If you want to have work done in your garden**, get 3 quotes from reputable businesses you trust; ask friends or family for recommendations; use a scheme or association to find reliable businesses.

Beware of advance fee scams Advance fee scams involve a victim being conned into making an upfront payment in order to receive a larger sum of money, which they never actually get. For example, the fraudster may convince you that you are due a large refund from being mis-sold PPI, and all you have to do to claim the refund is make an upfront payment to release the funds. You may be called, emailed or texted out of the blue, or after you have completed an online form. The scammer may claim to be from an official organisation or authorised claims company. They may have fake documents as part of this deception. Once the scammer has convinced you to pay the fee, they may tell you to pay it by buying vouchers such as iTunes gift cards and passing the codes to them. The scammer can then sell the codes on. Alternatively, they may tell you to pay via bank transfer, which is hard to trace and not refundable if you're the victim of fraud.

To protect yourself:

Be suspicious of unsolicited contact of this sort. Hang up the phone and delete emails and texts without responding to them.

Look out for signs something might not be genuine, such as phone numbers from overseas or mobiles, emails from free webmail services such as Hotmail or Gmail, and incorrect spelling/grammar. Remember, no genuine organisation would ever contact you like this and ask for money.

Dates for the next meetings of the Parish Council are:

2000 on Monday 3 June 2019 2000 on Monday 1 July 2019 2000 on Monday 5 August 2019

ALL WELCOME!

Jill Wardle Parish Clerk

Contact Details: Email <u>fiveheadpc@gmail.</u>com Telephone 01460 281902

Fivehead Fete



Saturday 13th. July 1.00 pm.-5.00pm

BIGGER & BETTER

We are proud to announce that our **Village Fete** will be bigger & better this year, more attractions and our brand new marquee. In addition to the exciting events listed on the advert we will have birds of prey, Royal British Legion Riders, games, archery, laser clay shooting, BBQ & Bar, ice creams, craft stalls and a first class raffle. The Flower & Produce Show has always been a great feature of the day with a wide variety of classes from vegetables to flowers to crafts and photography. There are special classes for children. Newcomers & novices are welcome to enter. Browse the entries, enjoy a cup of tea with cake or head for the Bar. So come along and bring the family, something for everyone, enjoy a cracking day out and support your village

HELP NEEDED

Singers /musicians willing to play at the Fivehead Village Summer Fete Saturday 13th. July.

This outdoor event is to be held in the Fivehead Playing Field Stowey Road between **1.00-5.00pm**.

Music should be suitable for a Family Fun Day.

Full PA system & gazebo provided. Sorry no payment available for performers-just the kudos of playing Fivehead Village Fete but free drinks offered

Curry Mallet Village Stores & Post Office

Visit your local, friendly, convenience store and Post Office.

The shop and Post Office are Monday to Saturday with a half day

on Wednesday.

We try to stock a bit of everything.

We have bread, milk, newspapers, greetings cards, a selection of wines and beers, are agents for a dry-cleaning company and have freshly baked pastries every day. There is a seating area where you can enjoy hot or cold drinks and a piece of cake.

The Post Office offers a multitude of services including free cash withdrawals and banking.

Telephone No: 01823 480236 Email: <u>currymalletstores@gmail.com</u>

Village Hall Management Committee

The View from the Village Hall

Plans for the Fete on July 13th are progressing well. See elsewhere for details

By kind permission of Rebecca and Ollie from The Langford we will again be holding cream teas in their lovely garden on Bank Holiday Sunday, August 25th. from 3.00 pm. Judging by the comments of the huge number



of people who came when this event was last held in 2017 it is something not to be missed. Make a date in your diary now!

We were fortunate to obtain a grant from the Somerset Community Foundation which together with what remains of the National Lottery Grant, as left over from the decorating, goes a good way towards paying for sanding and resealing of the main floor hall floor. With luck this can be done during the summer holiday period when many of the regular meetings are not held.

Sorting out the erratic lighting system in the main hall has not yet progressed beyond the planning stage although it is hoped quotes can be obtained very soon.

Any Hall related questions or to offer to join the committee, we are a friendly bunch!!, contact Kevin on 281395, Margaret on 281341 or Richard on 281904. Richard is both Treasurer and booking Clerk.

Short Mat Bowling

Why not come and try Short Mat Bowling at our Village Hall on a Monday evening at 7.30 pm. Equipment available, all you need are flat soled shoes or carpet slippers will do. The skittles season is over so try the delights of this absorbing sport. We meet until the end of July then a short break until September. We would long to have sufficient bowlers to get both mats out! A friendly bunch who enjoy a relaxed evening a half time break for tea/coffee biscuits and sometimes cakes all for £3 per session (your 1st visit is free)

Contact Heather 01460 281995

Curry Rivel & District Twinning

On Friday 3rd May we received 37 French visitors to celebrate the 20th. anniversary of the Twinning with Chevilly. On Saturday afternoon a gathering on the village green in Curry Rivel received greetings and celebratory speeches in French & English and then proceeded to the Old School House for tea & cake provided by the WI and generously funded by the Curry Rivel Parish Council. Saturday evening 87 enjoyed a typical English meal, Steak & Ale Pie followed by Sherry Trifle and the evening was completed with country dancing and music. Sunday was a trip for two coaches to Bath where our French guests were treated to a visit to the famous Roman Baths, entertained to lunch by their hosts and were returned home to spend the evening with their hosts & friends.

A very successful week-end was concluded with their departure at 9.30 am on Monday 6th May.

Four families in our village hosted French guests over the week-end



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Pound Pool, Somerton, Somerset, TA11 6LZ 01458 272297 or Langport 01458 250509



Fivehead Playing Field News

Summer Fete

Make sure you're here on Saturday 13th July because there are some great things to enjoy.

New Marquee

Our brand new marquee tent will be at the village fete on 13th July when you can admire the clever modular construction which gives flexible accommodation to suit every size of function, from small get togethers to a full on wedding reception, all at very reasonable hire charges. This has been a joint playing field/village hall/parish council project to replace the old marquee which gave us good service over many years. The new one is available and we will transport and erect, included in the fee.

Incidentally, according to John Lewis Partnership, changing fashions mean one in ten weddings now involves a marquee!

Safety First

During July all our play equipment and facilities will be undergoing a rigorous annual safety inspection after which we will receive a report. This will be done by a new specialist contractor, replacing the service previously provided by the District Council which has withdrawn from carrying out this work, but will continue with quarterly inspections. All these quarterly and annual inspections are expensive but it is necessary that we receive professional confirmation that maintains everything to the highest standard for your safety, and to ensure we comply fully with our public liability insurance.

Frank Doggett Chairman 01460 281549

100 Club Winners					
	April Winners			May Winners	
No. 108	M&P. Brett	£50.00	No. 80	A. Leyburn	£50.00
No. 98	D. Slack	£25.00	No. 97	D&D. Mason	£25.00
No. 38	P. Arman	£15.00	No. 20	J&M. Tyler	£15.00
No. 45	J. Peters	£10.00	No. 93	D. Cameron	£10.00

Relax and Stretch

PILATES

Fivehead Village Hall

Every Tuesday at 6.30-7.30pm and Thursday at 10.00-11.00am

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place on: (H) 01458 259525 (M) 07796 288 596

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Fivehead Fellowship and Leisure Club

It is with sadness that I have to announce that Hilary Maisey has decided to step down from the committee. Hilary has been a member ever since the club was reformed and has been a very active committee member. I would like to thank her for all her efforts over the years and for the help she has given me since I took over as chairman.

The April meeting was a talk by Mike Bolton on hidden Somerset. This was a very interesting talk about many of the lesser known places in our wonderful county. The May meeting was by Ray Budd who was a member of the Black & White Minstrels. This was a very popular BBC programme from 1958 to 1978. Mike was a very interesting and entertaining speaker and also sang a few of the songs the show was famous for as well as playing some recordings from the shows.

The June meeting will be on the 4th June and is our all day outing. This year we will be going to West Bay for coffee and a walk on the beach made famous by the Broadchurch series on ITV. We will then be going to the sub tropical garden at Abbotsbury for lunch and a stroll around the garden. This not the same place as the Swannery. We will then board our coach for the trip home. The cost of the trip is £25 which includes the coach and entrance fee to the garden.

The July meeting is on the 2nd July in the village hall and Laurie Burn the Baptist Minister will be giving a talk on making guitars and will be playing them as well.

On Saturday 13th July the village will be holding its annual fete in the hall/playing field. The club will again be running a tombola stall and would welcome gifts it can use as prizes on the stall. If you can help, please give your donations either to Val Eggins or Chris Jackson.

Anyone who would like to join the club will be more than welcome to come. We are a very friendly group that enjoy as well as the talks, lunches and outings a nice cup of tea, biscuits and a good chat after the meetings. The annual subscription is only £7 while the tea and biscuits are 50p. Visitors are also welcomed to attend with a charge of £1 per meeting.

If you have any enquiries regarding the club please ring me on (01460) 282957 Chris Jackson, Chairman

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Our latest booking is for Matthew Bourne's fantastic and moving dance version of the film **The Red Shoes**, Tuesday 3rd March. Stalls and Grand Circle seats at £61 and £39.

Things will be a bit quiet until **The Lion King** starts in November. The evening trip is full, but there are still a few seats available for the matinee on Sunday 27th October.

Also available:

The King and I London production at Bristol on the evening of Thursday 26th March at £53 and £70.

Carmen, Welsh National Opera's new production on Friday 13th March at £55.

We Will Rock You (Queen) on Wednesday 18 March, £45/£58.

All of these have a payment date in the New Year, but the sooner you reserve the better seats you will receive. There is no charge for cancellation until I have paid for the tickets.

Our coach goes from Curry Rivel, Langport, Somerton, then Street/Wells or Keinton Mandeville/Shepton Mallet depending on bookings. Payment is usually due about two months before the show date. Any profit is donated to charity.

For more details of all trips please visit www.theatretrips.webeden.co.uk, e-mail coxtheatretrips@btinternet.com or phone 01458 273085 for a brochure.

<u>Date</u>	Show (At 7.30 pm unless shown)	Cost
2019		
Tues June 11th.	Fame the Musical	£45/£54
Mon June 24th.	The Mousetrap	£39/£44
Tues July 16th.	Calendar Girls Musical	£47/£59
Sun Oct 27th.	The Lion King	£92/£112
Thur Oct 31st.	The Lion King	£92
Wed Nov 13th.	The Lion King	£65/£82
2020		
Tue March 3rd.	The Red Shoes	£61/£39
Fri March 13th.	Carmen	£55
Wed March 18th.	. We will Rock You	£45/£58
Thur March 26th.	The King & I	£53/£70

UNITED BENEFICE OF CURRY RIVEL, FIVEHEAD AND SWELL

St Martin's Fivehead



Rector:

Revd. Scott Patterson Tel: 01458 251375

Reader:

Margaret Smith Tel: 01460 281555

St Catherine's Swell



Churchwardens

Meg Tyler Tel: 01460 281574

Churchwarden

Anna Rees Tel: 01458 253067

Scott's Spot – June 2019 Do you know when to stop?

We've all been there. We're in the cinema, the film is about to start, and the usual message is given about switching off mobile phones. It's a simple act of courtesy so that everyone can enjoy the film without distraction. Most oblige, although, on that occasion, not everyone could bring themselves to do so. Some felt the need to continue texting throughout the film, one even taking a call. Inconsiderate? Well yes. But I don't expect you are too surprised. The need to be constantly 'in touch' seems to be gaining an ever stronger grip on many. Try chatting to almost any (although not exclusively) young person today, and the chances are their phones will be beeping in the background alerting them that a text, email, Twitter or Facebook message has just arrived. One eye may be on you, but the other will be drawn to the device, their attention divided. Perhaps many of us could well do with a little 'down-time' from that demanding little companion.

It's not just phones that need switching off from time to time though, we do too. We need to rest both for our good and for the good of others. We may think we can power-on forever like Duracell bunnies – our capacity to keep going unlimited, and our energy reserves superior to everyone else's – but in reality, we can't. We all need time to rest for the sake of our health and sanity. I well know this is sometimes easier said then done – modern life can be very full and pressured – but if we ignore our need of rest then the consequences can be more serious than we realise. Exhaustion can lead to 'burn-out', even, perhaps, mental or physical breakdown as our bodies finally force us to rest. And it's not just us who suffer but those closest to us as well; all too often they have to bear the brunt of the effects of our fatigue. I know that recently I have got rather too close to the 'edge' in this matter, and have needed to reassess the way I do things and acknowledge my need for greater support. It was Frodo Baggins in Tolkien's *The Lord of the Rings* who, bearing the great weight of the 'one ring', spoke of feeling like: "too little butter spread across too much bread." This phrase resonated with how I felt; perhaps you know it to be true of you?

In the book of Genesis at the beginning of the Bible, we find the accounts of creation. In chapter 2 verse 2 we read: 'And on the 7th day God finished the work that he had done, and rested on the 7th day from all the work that he had done'. Psychologists may today congratulate themselves for working out that in order to remain healthy people need rest, but, as in so many other areas of life, it turns out that God's wisdom was there long before theirs. Surely one of the points of the creation story, with God resting on the 7th day, is that, if work is sacred, so too is leisure time and rest. In the pattern set for us by the creator, both are integral to life at its most rich and full.

So whatever you're switched on to, and however important and worthwhile your role or calling may seem, can I encourage you to remember to rest? If, like me, you sometimes feel like too little butter on too much bread, then for your sake and the sake of those you love, will you switch off before damage is done?

With prayer and blessings in Christ,

Revd. Scott.

DIARY THERE ARE CELEBRATIONS OF HOLY COMMUNION (BCP) AT 10.30 am ON THE FIRST

AND THIRD THURSDAY OF EVERY MONTH IN THE OLD SCHOOLROOM BEHIND CURRY RIVEL

CHURCH. BCP = Book of Common Prayer, CW = Common Worship, UB = United Benefice

JUNE 2nd Seventh Sunday after Easter 10.00am. All Age Family worship followed by **Fivehead** 11.00 am. Short Holy Communion (CW) **Fivehead** 6.00 pm. Evening Prayer (CW) **Curry Rivel** 9th. PENTACOST 10.00am Benefice Service of Family Communion **Curry Rivel** MON 10th. 3.30pm MESSY CHURCH **Curry Rivel School** 16th. Trinity Sunday 8.00 am. Holy Communion (BCP) **Curry Rivel Fivehead** 9.30 am. Morning Prayer (CW) 10.00 am. All Age Family Service with Sunday Club **Curry Rivel** 11.15 am. Short Holy Communion (CW) **Curry Rivel** 23rd. First Sunday after Trinity 9.15 am. Holy Communion (CW) **Curry Rivel** 11.00 am. Holy Communion (CW) **Fivehead** 6.00 pm. Evensong (BCP) Swell 30th. Second Sunday after Trinity Fivehead 10.00 am. UB all age Holy Communion JULY 6th. Curry Rivel Church Fete on the Green **Curry Rivel** 7th. Third Sunday after Trinity **Fivehead** 10.00 am. All Age Family Worship followed by 11.00 am. Short Holy Communion (CW) **Fivehead** 6.00 pm. Songs of Praise **Curry Rivel** MON 8th. 3.30 pm. MESSY CHURCH **Curry Rivel School** 14th. Fourth Sunday after Trinity 9.30 am. Holy Communion (BCP) Swell 11.00 am. Holy Communion (CW) with Sunday Club **Curry Rivel** 6.00 pm. Evening Prayer (CW) **Fivehead** 21st. Fifth Sunday after Trinity 8.00 am. Holy Communion (BCP) **Curry Rivel** 9.30 am. Morning Prayer (CW) **Fivehead** 10.00 am. All Age Family Service with Sunday Club **Curry Rivel** 11.15 am. Short Holy Communion (CW) **Curry Rivel** 28th. Sixth Sunday after Trinity 9.15 am. Holy Communion (CW) **Curry Rivel** 11.00 am. Holy Communion (CW) **Fivehead** 6.00 pm. Evensong (BCP) Swell

Fivehead on National Television

Did you see local residents Dave & Carrie on **BBC1** 'Escape to the Country' on 28th. May? If not, try BBC catchup.



Many of you will know that
Dave & Carrie were filmed in
October moving from Surrey
to The Old School in
Fivehead.

They are now told that the programme will be aired on BBC1 at 3pm on Tuesday 28th May.

You may also be interested that a film crew will come to Fivehead in mid-June to film their progress for "We Escaped to t'Country", to be shown early next year.

Fivehead Drama Group

The Summer Revue is booked for Friday 5th. July when you can enjoy a 1 act play *Captive Audience* by *Jenny Gilbert*, a ploughman's supper during the interval & a second half of comedy sketches, music and song all for the remarkable price of £6. Tickets will be on sale 2 weeks before at The Stable Coffee shop & The Crown Inn. It is unlikely that there will be any tickets on the door this year so buy at the venues mentioned

Work is already underway for next year's Pantomime, an in house script with some local extra special connections. *The Pied Piper Off Of Hambridge*

Anybody interested in joining the group can contact **Harry Price** 01460 281573 or by e-mail at harryprice183@btinternet.com or

Kevin Stevens 01460 281395 or by e-mail kevinmstevens11@gmail.com

Baptist Church

www.fiveheadbaptist.co.uk



Letter from The Manse

Letter from The Manse

I have recently emptied an old compost heap at the bottom of our garden, which has been rotting down nicely since long before we arrived two years ago. It's always very satisfying to dig out the rich, brown, friable compost from a well-rotted heap, and to spread it on the vegetable patch. I'm expecting some delicious courgettes, beans and carrots in the coming months!

However, I was distressed to see that, mixed in with the compost were a large number of small pieces of plastic: bits of synthetic string and partly-degraded polythene, skeletons of tea bags, scraps of fabric and quite a few small round labels. I realised to my dismay that the small labels were from fruit and vegetables. A high proportion of our compost comes from banana skins and other fruit and vegetable waste, but it wasn't until I recently bought a mango from Tesco that I realised that the sticker on the skin was made of plastic! Why on earth was it not an ordinary paper label?

The problem of plastics has been highlighted by Sir David Attenborough's recent films, but it is a shock to see how close to home it has come: in my own back garden! Our rape of the planet is not just a problem for the rain forests, but a local issue too. God has created a beautiful, intricate world for us to live in. He has appointed us to be responsible stewards of creation – yet we are trashing it!

This year at Fivehead Baptist Church, we have been studying what the Bible has to say about Creation Care. Most of the talks can be listened to on our website www.fiveheadbaptist.co.uk/sermons. However, on Sunday June 23rd at 10.30am we have a very special guest speaker: Professor Sir Ghillean Prance FRS was formerly the Director of the Royal Botanical Gardens in Kew, and Science Director of the Eden Project. He is one of the world's leading experts on the trees of the Amazon Rainforest and a personal friend of Sir David Attenborough. Now retired, Sir Ghillean is a member of Lyme Regis Baptist Church and still very active in conservation projects locally and across the world. He is a trustee of the Christian charity A Rocha www.arocha.org. You are most welcome to come and join us on this or any other occasion.



Rev Laurie Burn

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Folk and Acoustic Music Night—Crown Inn

Saturday 18th.May

Our guests were due to be Somerset duo Mitchell & Vincent, but unfortunately, fiddle player Graham Vincent had fallen and broken his shoulder. However David Mitchell, the guitarist in the duo, managed to persuade his friend Chris Edmunds to come and play in Graham's place. Instead of guitar & fiddle we had a great evening's music on guitar, accordion, melodions, concertina & cittern.



David & Chris played an entirely instrumental set (Graham is the singer) including British jigs, reels and polkas, but also lively instrumental tunes from France, Germany & Israel.

We were pleased to welcome two new floorsingers, Nigel Barker, singing & playing melodeon and Keith Hyett playing classical-style guitar alongside some of our regulars.

Next Folk & Acoustic Music Night

Saturday 15th. June

Probably a Singer's Night (open stage) but WATCH THIS SPACE for possible future announcements of special guests (tbc)

Saturday 20th July

I am delighted to announce a very exciting guest appearance of singer/ songwriter/ guitarist



Reg Meuross

Somerset singer- songwriter Reg Meuross is now touring with a new album 12 silk Handkerchiefs and characters from 12 other superb albums.

Described by Mark Radcliffe as a "brilliant singer-songwriter and a true troubadour with a social conscience" it's not all protest: as well as story songs which bring characters from history to life and comment on life around him Reg also writes some of the most heart-aching love songs ever written, performed with depth and spell binding delivery.

"There's something special about the way he writes and delivers a song" said Townes Van Zandt. Reg has that rare gift of being able to touch people through his songs and performance, on a really human level, his words and music painting pictures that remain with the listener long after the song has been sung.

Accompanying himself masterfully on guitar and captivating audiences with his beautiful tenor voice.

August - No folk night.

Folk& Acoustic Nights

Will be held at The Crown Inn. Fivehead-usually on the third Saturday of each month-courtesy of landlords Steve & Jacqui Chastell

For more information contact Laurie Burn laurieguitars@gmail.com 01460 281033

The Crown Inn

Email: thecrown_inn@btconnect.com Web: www.thecrowninn.2day.ws

Hi all,

Summer is on its way so this is a reminder of what is available at The Crown if you have not been in for a while, we have made a few interior changes so why not pop in for a pint or a glass of wine or even a meal off our popular menu and see the changes.

We still hold our ever popular, quiz every Wednesday at 8.30pm, £1 per person with cash prizes. There is also a five minute quiz on Sunday at 8.30pm.

We sell newspapers and magazines, a collection point for your Medication. We offer Mobile phone top-ups and cash-back and very basic shop facilities Skittle alley/function room available for you as well as darts and Bar Billiards.

dates for your diary
June 15th and July 20th Folk and Acoustic night See Folk and acoustic page for more details. (Evening meals available bookable in advance

We look forward to seeing new faces

Steve & Jacqui Chastell

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Contact Lunches

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To see their full list of wines go to www.vine-wine.co.uk

Crown Fivehead Golf Society

After pleasant trips to Yeovil Golf Course and Oake Manor we next focus on our Charity Golf Day Friday 14th. June at Long Sutton Golf Club. This is open to teams of 4 or individuals to be include in teams. £40 per head gives you Bacon roll & Coffee on arrival, 18 holes of golf followed by a 2 course meal. The Charity this year is Love Musqrove, and tickets for the Grand Draw with a prize of £100 voucher will be available from the chairman (who will shortly be selling door to door). Any body wishing to enter as a team or individual contact Gary Smith. Our outing this year in September is an overnight with 2 rounds of golf at Puckrup Hall Golf & Country Club.

We have a full programme of events running until October, if you wish to join contact Gary Smith or me. Harry Price Chairman

Men's Breakfast

Saturday 1st. June Saturday 6th. July 8.30 am.

at

The Baptist Hall

To book a place & further details contact

Steve Cutts

steve.cutts1@gmail.com

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Off the Leash

I think I summed up last time with a plea to keep dogs 'on' leads rather than 'off' due to lambing season. I have since been reminded that due to the escalating problem of sheep worrying from March to July dog owners are required, by law, to keep dogs on leads on the Quantocks. The Rangers will enforce this law.

Research by the NFU showed that in 4years over £1million worth of farm animals have been savaged by dogs with the South West being the worse effected region. It is not only the money involved but the unnecessary suffering to the animals. Whilst it is great to see your dog running free and enjoying him/ herself it has been reported that the majority of owners have admitted that the dogs 'got away'. Farmers are entitled to shoot a dog to protect their stock. Spare a thought too for ground nesting birds like nightjars or skylarks and they need all the help they can get. The only dogs that should be off lead in a field of stock is the farmers dogs.

On the topic of staying on lead I have been taking my dogs to a local dog club for the Kennel Club Good Citizen awards. I can't recommend them enough. All good clubs offer them. They are great fun, social & the dogs benefit. The awards are not competitive but do offer education, training and control work. 2

stanards I'd like to share this time are: 'some dog owners keep their dogs on a lead in a public space for a reason. Do not allow your dog to approach. Respect other dog owners and their dogs' and 'remember that not everyone is a dog lover and may dislike even a friendly approach from your dog'.

It's all about respect

Happy days Monica

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Bellringing

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Anybody wishing to ioin Contact

> Meg Tyler 01460 281574



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Short Mat Bowls

Every Monday at 7.30

At the Village Hall

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Contact

Heather 01460281995

Folk & Acoustic Music

Someone to compere the

September Folk Night at The Crown Inn Saturday 21st.

Karen & Laurie will be in Africa. Would you be available and willing to oversee the evening & introduce the floor singers

(guest not booked at present)

If you can help please contact lauriequitars@gmail.com



A warm welcome awaits you in The Stable Community Café at the bottom of Butchers Hill.

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There are always delicious home-made cakes, scones and toasted teacakes. We also serve a range of paninis.

We have a book swap and regularly changing displays of local artwork, greetings cards, and a selection of Fair Trade goods from around the

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(Youth Café)

10.00am to 5.00pm Friday 10.00am to 1.00pm

Thursday Nights are Youth Café open to any young people aged 11-19. Cheap drinks and snacks

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A Chariot's Tale

We started about 4 weeks ago, Viv and I, travelling the lanes closest to Fivehead village. I carry all the essential equipment, litter picker, gloves and those heavy plastic bags ideal for holding all the rubbish and she has the easy job of pedalling the bike. Every 100 yards or so, she parks me up and goes off on a scouting mission, poking into ditches, hedgerows and even a short distance into the neighbouring fields, anywhere there might be litter lurking.

I can carry up to three full bags of litter so I'm much more environmentally friendly than using the vehicle and Viv gets some exercise at the same time. So far, over just a few afternoons we have collected 13 bags of rubbish and two full tubs of recyclables, cans, bottles and the like. It's very sad really but a lot of what we collect can't be recycled as it is either degraded too much to be



useful, or most likely, chopped up by the hedge trimmers into small pieces which can't be recycled either.

It's funny the things you find when you are on a litter picking adventure. There's the resident of Isle Brewers (perhaps?) who must be a secret drinker and lobs his empty vodka bottles out of his vehicle on the way home down the Islemoor Road. We found loads so it has to be the same person. Then there's the big guy travelling the same road who has to toss his McDonalds wrappers out in case his wife finds out he's blown his diet – again! I'm not sure what to make of the sweet and crisp wrappers we find though, kids don't drive cars and I can't believe parents allow them to throw their litter out of the car windows, what sort of example would that be? Anyway we collect it all and I cart it away to await collection by the Streetscene guys.

There are about 4 regular litter pickers around the village now and we've been joined by a couple of dog walkers who are helping by picking up the cleaner, more recently dropped stuff they find on their walks. Viv has asked them to let her know of any major patches of litter, or filthy stuff in the ditches, so that she can hitch up and take me out to collect it.

If you would be interested in helping us out, or see anything you want to report, heavy littering, fly tipping and the like, please email us at fiveheadlitterpickers@gmail.com and we will arrange to deal with it.

If you want to know more about the fight against litter look at www.keepbritaintidy.org as the Great British Spring Clean is underway or use #trashtag on social media to see what is happening all over the world.

On a final note, some really exciting news, The Langford Fivehead have very kindly agreed to sponsor us –

https://langfordfivehead.co.uk/ — and I think it means I get a smart sign to wear and Viv gets a new hi viz waistcoat. Anyway, if you see us out and about, give us a wave or a toot and I do hope you've noticed the lack of litter in and around the village.



Food and Drink

Salmon& Beurre Blanc Sauce

Ingredients

1 Lime -- juice only

3 1/2 (87ml) whipping cream

- 1 Lemon -- Juice only
- 6 Salmon Cutlets, each about 8 oz (225g)
- 1 Small onion, finely chopped
- 2 tbsp White wine vinegar
- 2 floz (50ml) White wine
- 8 oz (225g) Butter softened

Method

- 1. Mix together the lime & lemon juice with seasoning, spoon over the salmon cutlets then grill for about 6 min. Turn the cutlets over, brush with the juices and cook for a further six minutes or until cooked through.
- 2. Meanwhile put onion, vinegar & white wine in a saucepan and bring to the boil. Continue boiling until there is only about 3tbsp of liquid left.
- 3. Strain the liquid, return to the saucepan and reheat. Add the butter. A knob at a time, whisking continuously.
- 4. Stir in the cream and seasoning. Pour into a serving jug. Serve hot with the salmon cutlets new buttered potatoes and steamed vegetables of your choice

Serves 6



http://langfordfivehead.co.uk/ Tel: (44) 01460 282020 Email: hello@thelangford.co.uk

Wine pairings for this month's recipe Wine selection by Paddy Magill Vine Wine Sauvignon Blanc, Pasquiers, Vin de Pays d'Oc - France @ £7.40 a bottle

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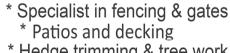
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DIARY OF EVENTS

Details of all events of which the Editor is aware are available on the Village Website

Day/Date/Time		Description	Where
Tuesday 4th. June	9.30 am	Fellowship Club outing	West Bay
Monday 10th.June & Monday 8th. July	11.00 am	Service for residents	St Martins Close
Sunday 23rd. June	10.30 am	Service with Sir Ghillean Prance FRS	Baptist Church
Friday 5th.July	7.30 pm	Drama group Summer Revue	Village Hall
Saturday 13th. July	1.00 pm -5.00 pm	Village Fete	Playing Field & Hall
Saturday 20th. July	7.30 pm	Folk Music night Reg Meuross	The Crown Inn
Monday 22nd. July		NEWSLETTER DEADLINE	
Tuesdays @ 6.30pm Thursdays @ 10.00am	Weekly	Pilates	Village Hall
Mondays @ 7.30 pm	Weekly	Short Mat Bowls	Village Hall
Tuesdays @ 7.15 pm	Weekly	Bellringing	St. Martins
Wednesdays @ 4.45 pm	Weekly	Dragonfly's	Village Hall
Thursdays @7.00 pm	Weekly	Bridge Club	Village Hall
Usually 1st. Monday 8.00 pm. (Apr-Sept)	Monthly	Parish Council Meeting	Village Hall

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